

**Deciding
With
Support**



WORKBOOK PRACTITIONER GUIDE

Who I want on my behaviour support team?

The practitioner guides the person (and their supporters) to choose who will be on their behaviour support team (key stakeholders).



Explain the reason for the referral for PBS – for example, that the person ‘finds it hard to tell people how they want to be supported and what is important to them’

For each PBS decision, the practitioner should consider:

- The decision to be made and how the person can be supported to inform effective PBS?
- What are the key supported decision-making considerations for the person (opportunities for additional supported decision-making) as part of this process?
- What information is needed to help the person make informed decisions?
- What resources/supports are needed to support the person in making this decision?
- What problem-solving and barriers need to be addressed and facilitated?
- How will this decision be documented?

Using the circle of support worksheet involves the person in their PBS and helps them understand how they play an important part in the process. The worksheet is a useful visual tool to increase understanding of the intention of PBS to help enhance their quality of life through changes to their support environment. It is the responsibility of the practitioner to work with the person to understand the purpose of PBS in helping the person and those that provide support to them.



Prompts for the person and their supporters

With the person and their supporters explore the people who:

- ✓ have an important role in offering support.
- ✓ understand the person well.
- ✓ contribute to the person's life.
- ✓ highlight the people who should be involved.
- ✓ how those relationships could be strengthened and supported.
- ✓ have valuable information to offer.

WHAT is important to me is as
important as **WHO** is important to me

Print a Circle of Support worksheet, show the person (and their supporter) how to use. Write prompts that help identify people who know them well and who they trust to help them make decisions.

Ensure the people on the person's behaviour support team understand behaviour support. (Work with the stakeholders to facilitate any upskilling needed.)



Who I want in my Behaviour Support Team

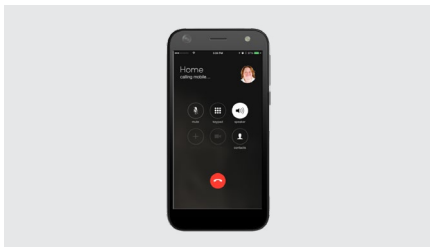




Name



Where I live



Phone Number



Date

Who I want in my Behaviour Support Team.



Look at your circle of support worksheet to help you decide who you want in your Behaviour Support team.



Your practitioner and your supporters can help you decide this.



To help you make this decision you can think about

- Who knows you well
- Who knows what you like and do not like
- Who supports and helps you



Have a look at who Lily wants in her Behaviour Support team.



This is who I want in my Behaviour Support team



Who I want in my team

My Mum

Ella my sister

Lisa my speech Therapist

Matt my OT

Gemma my support worker



Who I do not want in my team

Dr Chong

My friends

Max and Sara from
work program



Who do you want in your Behaviour Support team?

You can write or draw your answer here.



Who I want in my team



Who I do not want in my team