



**Deciding
With
Support**



Decision preference and record sheet

The decision-maker's name is:

The date is:



Supporters will help the decision-maker think about the decision to be made, then write down how it was made.

Find out	Record	Find out	Record
<p>The decision:</p> <ul style="list-style-type: none">• What is the decision?• What is the best way to explain the decision?• Why is the decision being made?• What is the purpose of the decision?• Does the decision need to be made right now?		<p>Involvement:</p> <ul style="list-style-type: none">• How does the person want to be involved?	



<p>Communication preferences:</p> <ul style="list-style-type: none">• How does the person like to communicate?• How do they want to be communicated with?• How will they communicate their decision?		<p>The decision supporters</p> <ul style="list-style-type: none">• Who are the right decision supporters?<ul style="list-style-type: none">• Skills and knowledge?• Relationship to the decision-maker?• Any conflict of interest or bias with the person or other supporters?	
<p>Information preferences:</p> <ul style="list-style-type: none">• How do they like to receive information? <p>*Refer to the person's completed Communication Profile workbook – 'I tell people things/How to give me information'</p>		<p>Decision making preferences:</p> <ul style="list-style-type: none">• What is the best place to make decisions?• What is the best time?• What is not a good time?	



Make the decision:

- **What information would help to understand the decision?**
- **What are the decision options?**
- **What is important to them? vs What is important for them?**
- **How will the decision affect them?**
- **What would help them to weigh up choices – benefits, consequences, and outcomes?**

Decision consequences:

- **What are the potential risks to the person's well-being and safety in making the decision?**
- **How can the person be involved in discussing safeguards? What information would help?**



<p>Acting on the decision:</p> <ul style="list-style-type: none">• Who will help turn the decision into action?		<p>Implementing the decision:</p> <ul style="list-style-type: none">• How did they communicate their decision?• How involved was the person in decision making?• How involved will they be in putting the decision in place?	
<p>Review:</p> <ul style="list-style-type: none">• How and when will the decision be reviewed?• What is the purpose of the review?		<p>Involvement in review:</p> <ul style="list-style-type: none">• How will the person's involvement be supported during the decision review?• How will feedback be gained from the person about their involvement in making the decision?	

