



**Deciding  
With  
Support**



# Facilitator's Check list: Preparing for supported decision-making

# 1. Getting to know the person to improve supported decision-making

## **Working with the decision-maker (using active listening and observation) to identify their:**

- Preferred way to communicate (e.g., gestures, an augmentative communication device)
- Literacy level and preferences for receiving information
- Concentration ability
- Preferred amount of thinking time
- Preferred time of day for decision making
- Preferred spaces (level of privacy) and places (where) to make decisions

## **Using decision-making practice tools to assist supported decision-making:**

- Conversation Cards and Users Guide for Conversation Cards
  - Rights Cards
  - Feelings Cards
  - Decisions Cards
  - Coaching Cards
- Communication Profile workbook (How I tell people things/How to give me information)
- Decision-making Preference and Record sheet worksheet
- Circle of Support worksheet

# 2. Providing accessible information to encourage involvement in decision-making.

## **Using supported decision-making strategies to help identify the decision-maker's:**

- Preferred type of accessible information
- Written/visual/audio or a combination of information
- Preferred amount of information presented at a time
- Literacy level – e.g., preference for Easy Read (pictures and minimal text) or Plain English format (basic sentences and fewer pictures).

## **Using decision-making practice tools**

- Easy Read 'My behaviour support decisions' record sheet
- Easy Read Restrictive Practice
- Easy Read Why it is important to be involved



### 3. Identifying decision supporters

#### **Using person-centred practice to help identify the best supporter for each decision:**

- Number of supporters required
- Type of supporter i.e., phone/1:1/occasional
- Supporters' accessibility (location)
  - Their availability
  - Their willingness
  - Their level of commitment
  - Their relationship to the decision-maker
  - The supporter's possible conflict of interest

#### **Using decision-making practice tools**

- Circle of Support worksheet
- Decision-making Preference and Record sheet worksheet



All decision-making practice tools mentioned here can be found in your Practice Toolkit.

